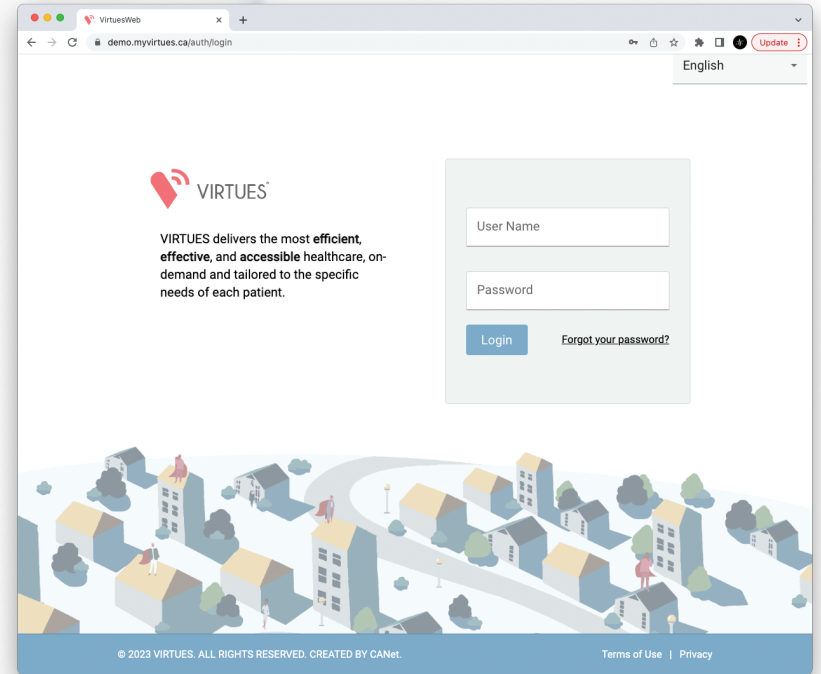




VIRTUES<sup>®</sup>



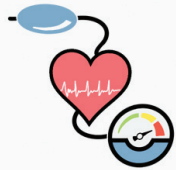
## An Innovative Digital Health Solution to Help Patients Manage Complex Health Conditions

To address the critical needs of patients, VIRTUES provides secured digital health tools to access efficient and quality care in all regions (suburban, rural, and urban communities) for improved quality of life and better health outcomes.

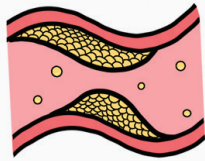
With patient information collected in VIRTUES, patients receive personalized CareSets to help manage their medical conditions.

# What is a CareSet?

A CareSet is a package of Guideline-Driven Recommendations and Educational Resources that address relevant health conditions tailored to a patient's needs.



Blood Pressure Management



Blood Thinner Management



Smoking Cessation



COVID-19



Cardiac Implantable  
Electronic Devices (CIED)



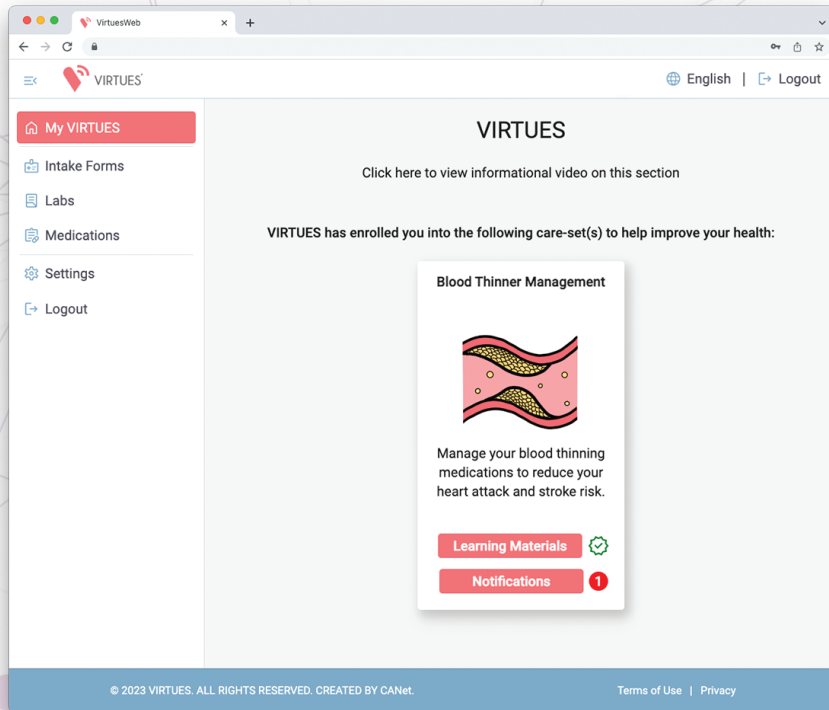
Stroke Prevention

## VIRTUES CareSets

- Antithrombotic Management (Blood Thinning)
- Post Myocardial Infarction Care (Heart Attack)
- Rate & Rhythm Management for Atrial Fibrillation
- Lipid Management (Cholesterol)
- Hypertension Management (Blood Pressure)
- Physical Activity
- Healthy Eating
- Blood Sugar Management (Diabetes)
- Smoking Cessation
- Alcohol Reduction
- Heart Failure Management
- COVID-19
- Cardiac Implantable Electronic Devices (CIED)

Patients may receive different CareSets (modules) in VIRTUES based on their current health conditions and needs.

# My VIRTUES

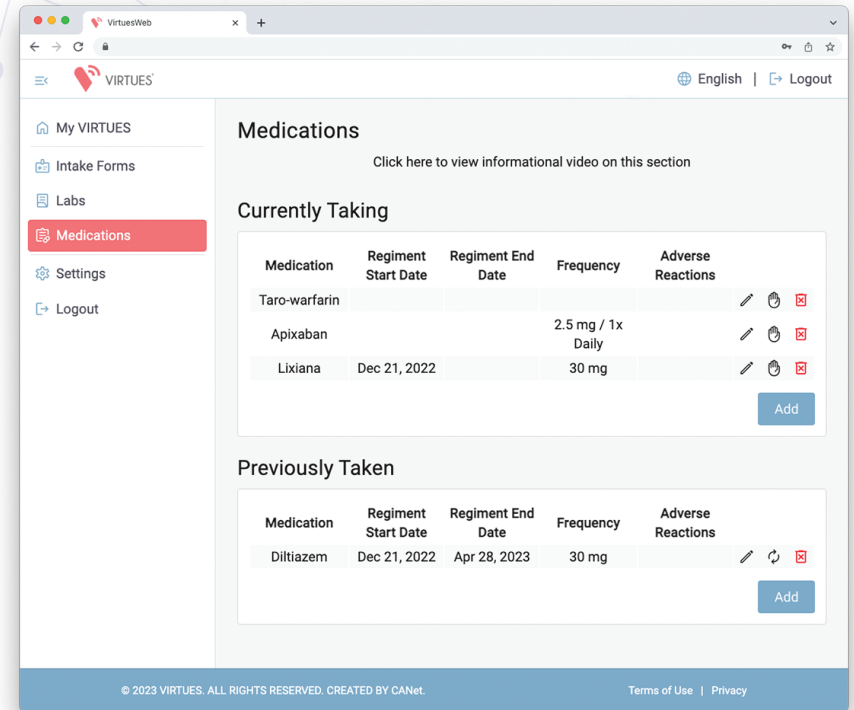


The patient's journey in VIRTUES starts with the completion of their medical history relating to their condition. A series of simple intake forms provides the patient with an easy reference to their complete medical history that they can review or share.

This information belongs fully to the patient.

This information also helps to drive VIRTUES' customized algorithms and enables CareSets personalized for the patient.

# Medications



VIRTUES' innovative medications section allows for a patient to easily keep track of their medications.

This list also helps to provide accurate treatment recommendations which are aligned with the patient's medications history.

As a patient's prescriptions change, the list of medications can be easily updated accordingly.

# Lab Forms

**Lab Forms**

**Height Measurement**  
Submit your Height measurement.

**Historical Data**

Lab Type	Date of Lab	Submitted On
Height Measurement	Apr 6, 2023	Apr 11, 2023
Height Measurement	Mar 21, 2023	Mar 21, 2023
Height Measurement	Feb 2, 2023	Apr 19, 2023

**Weight Measurement**  
Submit your weight measurement.

**Historical Data**

Lab Type	Date of Lab	Submitted On
Weight Measurement	Mar 21, 2023	Mar 21, 2023

VIRTUES allows all of the patient's medical labs to be collected in one section for easy access and review including historical data.

VIRTUES can recommend medical labs that need to be completed to help treat the patient's condition or remind patients to update their medical labs when needed.

# Treatment Recommendations

**Blood Thinner Management**

Manage your blood thinning medications to reduce your heart attack and stroke risk.

**Recommendations For You**

Your medications list contains a blood thinner (LIXIANA (DIN:02458659), Apixaban, TARO-WARFARIN (DIN:02242697))), and you indicated that you don't have atrial fibrillation or flutter. If this is incorrect, please update your medication list and/or medical history. If this is correct, please discuss with your doctor if (LIXIANA (DIN:02458659), Apixaban, TARO-WARFARIN (DIN:02242697))) is appropriate for you.

NOTE: Currently VIRTUES does not assist in managing blood thinners for diseases outside the of the heart. This may change in the future as we continue to expand VIRTUES!

[Visit Your Healthcare Provider](#)

At the heart of VIRTUES is its customized algorithms.

These algorithms, tailored to guideline-driven recommendations, analyze the patient's medical history, medical labs and medications, to enable personalized CareSets.

These CareSets work together to provide accurate and standardized treatment recommendations.

## Health Care Provider Communication



VIRTUES makes it easy for patients to view and send their treatment recommendations to the health care provider of their choice.

Their health care provider will receive a copy of several recommended treatment options including the relevant information and references supporting the recommendations.

The patient and healthcare provider can choose the best treatment option together.

## Educational Resources



Patients receive educational resources specifically tailored to their condition and treatment recommendations.

A combination of readings, medication infographics, and informative videos about managing their condition are provided in VIRTUES directly to the patient.

## VIRTUES Benefits



Patients can co-manage and monitor their health progress



Patients gain personalized knowledge of their health



Improved satisfaction communicating with caregivers & health providers



Access to expert-directed guideline-driven management recommendations



Improved clinicians' daily workflow efficiency



Better health outcomes for patients



Patient's have better access to quality care & better quality of life



Reduced cost to the healthcare system



Better health providers' job satisfaction and well-being



## Cardiovascular Network of Canada (CANet)

CANet offers innovative digital health solutions for the management of complex cardiovascular conditions.

Our vision is a transformed healthcare system, driving quality and affordable care for better cardiovascular health outcomes.

Our members are patients, caregivers, investigators, and healthcare providers. We partner with academic institutions, globally recognized industries, not-for-profit organizations, government, and policy makers.

These unique relationships combine patient engagement, research, digital health advancements, innovation, and commercialization activities to develop and distribute cutting-edge scientific discoveries and technologies to improve patients' lives and create business opportunities.

VIRTUES is created by CANet.

[www.canetinc.ca](http://www.canetinc.ca)





VIRTUES is a holistic, comprehensive digital health approach that provides equity of care to meet the needs of all patients, regardless of geographical, cultural, or systemic barriers.

VIRTUES provides access to expert care at home in patients' communities.

[www.virtues.care](http://www.virtues.care)